



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



BREAKFAST

MONDAY



Breakfast Bake
Yogurt & Granola
Peaches
Juice
Milk

06

TUESDAY



Blueberry Muffins
Yogurt & Granola
Apples
Juice
Milk

07

WEDNESDAY

Chicken Biscuit
Hash Brown
Yogurt & Granola
Pineapple
Juice / Milk

01

Bacon & Pancake Bake
Yogurt & Granola
Pears
Juice
Milk

08

THURSDAY

Biscuits & Sausage Gravy
Yogurt & Granola
Banana
Juice
Milk

02

Biscuits & Sausage Gravy
Yogurt & Granola
Strawberries
Juice
Milk

09

FRIDAY

Bacon, Egg & Cheese
Croissant Bake
Grapes
Juice
Milk

03

Sausage, Egg, Cheese
English Muffin
Oranges
Juice
Milk

10

Cereal
Cheese Sticks
Banana
Juice
Milk

13

Breakfast Burrito
Bacon
Applesauce
Juice
Milk

14

Peanut Butter Bars
Pineapple
Juice
Milk

15

Biscuits & Sausage Gravy
Yogurt & Granola
Bananas
Juice
Milk

16

NO
SCHOOL

17

NO
SCHOOL

20

Breakfast Casserole
Yogurt & Granola
Apples
Juice
Milk

21

Breakfast Pizza
Pears
Juice
Milk

22

Biscuits & Sausage Gravy
Yogurt & Granola
Strawberries
Juice
Milk

23

Fruit & Pancake Bake
Yogurt & Granola
Peaches
Juice
Milk

24

Combo Bars
Bacon
Fruit Cocktail
Juice
Milk

27

French Toast
Sausage Patties
Cheese Stick
Pears
Juice / Milk

28

Ham & Cheese Croissant Bake
Strawberries
Juice
Milk

29

Biscuits & Sausage Gravy
Yogurt & Granola
Banana
Juice
Milk

30

Spooktacular Pancakes &
Bacon
Witch's Brew (Applesauce)
Juice
Milk

31



All meals include a choice of 1% white or chocolate milk.
This Institution is an equal opportunity provider.
Menu is subject to change due to supply shortage.

OCTOBER 2025



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

Spaghetti
Breadsticks
Cauliflower / Broccoli
Applesauce
Milk

06

Cheeseburger Macaroni
Garlic Bread
Green Beans
Pears
Milk

07

Beef Stew
Cornbread
Broccoli
Watermelon Ice Cup
Milk

01

Orange Chicken
Egg Rolls
Stir Fry
Fried Rice
Oranges / Milk

02

Walking Tacos L,T,C
Ranch Beans
Celery / Carroteenies
Pears
Milk

03

Baked Potato
Ham / Roll
Broccoli / Cauliflower
Pears
Milk

13

Chili Dogs
Sweet Potato Fries
Okra
Pears
Milk

14

Roast W/ Gravy
Mashed Potatoes
Green Beans / Roll
Apples
Milk

15

Salisbury Steaks
Brown Rice
Ranch Beans / Carrots
Mixed Fruit
Milk

16

NO
SCHOOL

17

NO
SCHOOL

20

Frito Chili Pie
Brown Rice
Carroteenies / Celery
Strawberry Ice Cups
Milk

21

Chili Beans
Cornbread
Cauliflower / Broccoli
Peaches
Milk

22

Chicken Fajitas
Brown Rice
Ranch Beans / Carrots
Mixed Fruit
Milk

23

Lasagna
Breadsticks
Green Beans / Corn
Peaches
Milk

24

Pulled Pork
Yams
Baked Beans
Peaches
Milk

27

Lil Smokies
Mac N Cheese
Peas / Carrots
Pears
Milk

28

Potato Stroganoff
Green Beans
Corn / Roll
Mixed Fruit
Milk

29

Sub Sandwiches L,T,C
Sweet Potato Fries
Corn / Chips
Apples
Milk

30

"Ghoul"ash
"Vampire Away" Garlic Bread
"Mini Brains" Brussel Sprouts
"Dracula" Blood Oranges
Milk

31



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